



A Child's World
a childcare center
Preparing children to make their mark on the world

Dates Closed in 2019



Friday August 16th, Training Day	Monday September 2nd, Labor Day	Friday October 11th Training Day	Thursday November 28th, Thanksgiving Day	Wednesday December 25th, Christmas Day
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North Dakota



**Nurturing
Parenting**
PROGRAMS

When Aug 29, 2019 05:30 PM to Dec 19, 2019 08:00 PM
Where First Presbyterian Church, 650 2nd Ave. N., Fargo
Contact Name Diane Herding, diane.herding@ndsu.edu
Contact Phone 701-241-5700

Ready for a positive change? This intensive 16-week class for the entire family WILL make a difference! Parents and children will learn to: Identify and handle feelings, communicate needs, be empathetic, replace spanking and yelling with more effective discipline techniques, take charge of one's own behavior, have warm interactions and family fun, establish nurturing routines for daily activities such as bed and mealtimes, handle stress and anger, gain a sense of personal power and positive self-esteem, give and receive healthy touch.

This program is free and childcare is provided.
For parents of children ages 0-12.
There are separate parent and child sessions.
Each night begins with a light meal.

Fall 2019 Dates: August 29
Oct. 3,10,17,24,31
Dec. 5,12,19

Sept 5,12,19,26
Nov. 7,14,21

To Register:

Call Cass County Extension at 701-241-5700 or email herdingd@casscountynd.gov or diane.herding@ndsu.edu
To download brochure go to: www.ndnurturing.org



Statistically, four out of five car seats are installed incorrectly. In this area, and nationwide, the most common car seat misuse is not getting the seat tight enough in the vehicle. Other misuses include a loose harness, not routing the harness correctly and improperly using the seat belt or lower anchors.

Each Tuesday and Thursday, Safe Kids Fargo/Moorhead conducts Car Seat Check Up Events at the Sanford Children's Seat Safety Center (601 39th St. N. Fargo). Trained technicians teach parents, grandparents and caregivers how to use and install their car seats correctly. You may bring your child with you if desired, and we can fit the seat to them properly.

Upcoming Dates

1
AUG

Sanford Children's Car Seat
Inspections
Car Seat Safety Center
Thursday, 1:15 PM - 5:00 PM

6
AUG

Sanford Children's Car Seat
Inspections
Car Seat Safety Center
Tuesday, 9:00 AM - 7:15 PM

13
AUG

Sanford Children's Car Seat
Inspections
Car Seat Safety Center
Tuesday, 9:00 AM - 7:15 PM

15
AUG

Sanford Children's Car Seat
Inspections
Car Seat Safety Center
Thursday, 1:15 PM - 5:00 PM

20
AUG

Sanford Children's Car Seat
Inspections
Car Seat Safety Center
Tuesday, 9:00 AM - 7:15 PM

22
AUG

Sanford Children's Car Seat
Inspections
Car Seat Safety Center
Thursday, 1:15 PM - 5:00 PM

The events are free and open to the public. Space is limited and appointments are required. Please note that it takes a minimum of 30 minutes per car seat, per car.

To Register: https://sanfordhealth.csod.com/selfreg/register.aspx?p=sanfordhealth&c=community_ed1

Infant Room

Sun, heat, rain and airplanes, yep, definitely summer! Time outside has been limited, but most of us enjoyed a short buggy ride outside around the parking lot while trying to catch a glimpse of the loud planes practicing. The kids were all smiles! They also liked the adventurous crib ride to Madison school and back on evacuation day. All the infants did so well while out of routine. Our older ones are moving around so much and love to climb, push trains, spin the wheel to make the lion pop, roll balls, knock over blocks, talk on phones and eat! Our younger ones are doing some tummy time, rolling, chewing on toys, love to smile and talk to you, and observe everything going on!

This month we wave goodbye to Kehlani as she moves up to play with the toddlers! We say welcome to Amara as she joins us in the infant room!

Ms. Brenda and Miss Autumn

Activity: Explore Outside

Spending time outside is essential for all ages. Your baby can also get many benefits from being outside. From going on a walk in a stroller your baby can now watch their surrounding. If the weather is warm enough you can lay them down on the grass and let them roll around and explore. Depending where you live you can help those little hands and feet explore the sand, the water, or just simply dirt. Let them touch different flowers, trees, grab a leaf, some grass or some sticks. Just remember to supervise closely as they still don't have much control and can poke themselves with that stick or put that leaf in their mouth. It's a great way to explore ALL their senses so get yourself ready and go explore the outside. SensoryLifestyle.com



Toddler Room



Our toddlers are proud to announce this month's theme! Our theme is The Magic School Bus. Ms. Frizzle has always been inspiring by using science based learning tools to explore the world. Her famous quote, "Take Chances. Make Mistakes. Get Messy," is one that everyone can learn from. Toddlers learn best from hands on experiences that help develop their sensory, fine motor, cognitive, and communication skills. We definitely wished we had a magic school bus that could fly, turn into a bug, or sore through the stars but we decided to create our own funny bus outside our door. In honor of Ms.

Frizzle, our art projects will be more science based through the month of August.

Reminders: As hand foot and mouth continues to spread through our classroom, we would like to remind you to look for spots near the mouth. These spots look like bright red dots and can be on the hands, feet, inner mouth, throat, or around the lips. Reminder that your child can return to daycare after they have been **fever free for 24 hours without medication.**

Hello and Goodbye: Ms. Frizzle always says, "Let's get out there and explore!" We are sad to see Clay and Elijah leave our room but we know they will have so much fun exploring the 2's room. Kehlani is already having a blast in the toddler room as she just started full time in our room. Cian and Rory will be joining us in August. We know they are ready to get messy with our activities!

Our Favorite Words to Say: Duck, Alright, No way, Evie, Layla, and Gym

Activity: Get out your flashlights because it's time for a dance party! Shut the lights off and turn up the music. Toddlers



love to make shadows and run around with their flashlights. This teaches them sensory from the light and sound, communication from the music, fine motor as they hold the flashlight and turn it on and off, and gross motor as they dance. (Make sure they can't open the battery compartment and try to keep them out of their mouths! Good luck!)

Ms. Yalonda, Ms. Paige and Ms. Kim

Two's Room

I hope everyone is having a great summer, it would be nice to have summer weather all year round wouldn't it but the kids do love playing in the snow, if only we could get just snow and not the cold. The two's have had a blast getting outside and playing in the sand box, helping water the garden, going on walks around the block, playing on Madison playground, running in the grass pretending to be animals, having dance parties and running through the sprinkler. When the two's can't get outside because of rain they love coloring on the window's, painting with their fingers, running and kicking balls in the gym, playing with play-doh , coloring with crayons, painting with forks. We are anxiously awaiting our cherry tomatoes to turn red so we can eat them.



Birthdays

We would like to wish Connor (3rd) Maliyah (19th) a happy 2nd birthday

Hello/Goodbye

We are sad to say goodbye to are friends William & Mason but we'll know they'll do great up in the 3's and we are happy to say hello to Clay, Malaki & Elijah

Activity

The two's really enjoy watching ice cubes change color and had fun painting with the ice cubes on paper or paper plate. Ice cubes, Food coloring, Paper or paper plate

Miss Crystal, Ms. Danielle, Miss Jenna & The Terrific Two's!

Three's Room

Hello three's families!

We hope everyone is enjoying their summers, we know we are! There has to be an old wise tale about the sun making the kids grows because we swear they have all grown five inches within the last few months. It is amazing to watch our kids hit their milestones, be it speaking with more diction, running with more balance, or just coming out of their shells. It truly makes our day when we hit a first!

This month we will be saying adios to Flynn, Emmitt and Amelia. We wish you nothing but good luck when you head over to Preschool! We would like to welcome William, Mason and Oliver to our classroom! They really do grow up fast!

Happy Birthday to Aine (10th) and both Atticus and Hudson (22nd)! We can't believe you guys are already 3!!

Enjoy the rest of your summer; remember only 145 days until Christmas!

Miss Megan, and your forever growing Threes!



Activity: If your family is into going to lake country on the weekends, make sure you pack your sand shovels and buckets. There is something about smashing sand castles that really excites the kids. Another thing the kids really enjoy is getting their feet or hands buried in the sand.

Preschool Room

August is here already! The summer has been going so fast!! Lets look back at all the interesting and fun things we did in July. We began the month by celebrating Fireworks with the children, we learned that not all our friends like the loud noise. The next week, we studied Fish. The next week, we had lots of fun learning about camping. We even had a camping dramatic play area with a tent and a pretend campfire. The fourth week of July, we taught your kiddos about watermelons. The last week in July, going into the first part of August, we will study the Beach, and learn about what you do at a beach.

Birthdays:

Xavier on August 4th

Welcomes and Goodbyes:

We welcome Bennett and Flynn from the threes room. We look forward to getting to know them and his families. We also have a few goodbyes, we say goodbye to Rowan, Aanika, Josie, Anna, Owen, Allison, Amelia, Lillian.

Ms. Stacy, Ms. Katie

Family Activity:

Go on a scavenger hunt walk at a park and see if you can find all kinds of things, some you can take with you, but some you can just check off on a list.

Nature Scavenger Hunt

- | | |
|---|--|
| <input type="checkbox"/>  flower | <input type="checkbox"/>  rocks |
| <input type="checkbox"/>  water | <input type="checkbox"/>  green leaf |
| <input type="checkbox"/>  tree | <input type="checkbox"/>  grass |
| <input type="checkbox"/>  spiderweb | <input type="checkbox"/>  bird |
| <input type="checkbox"/>  sand or dirt | <input type="checkbox"/>  cloud |
| <input type="checkbox"/>  bug | <input type="checkbox"/>  ant |
| <input type="checkbox"/>  brown leaf | <input type="checkbox"/>  tree bark |
| <input type="checkbox"/>  butterfly | <input type="checkbox"/>  fern |

nowoodenspoons.blogspot.com

Pre-K Room

August will be the month of changes and transitions for the Pre k room. We will be saying goodbye to the children who will be attending kindergarten and hello to our new friends from the preschool room. Some of the activity themes we will be exploring include: Back to school, school safety, classroom routines and a very special theme, all about me.

What's happening this month? On August 7th Ms. Pam and Ms. Amanda will be attending Reading Corp. Fundamental training. So we can begin to help your child develop and master the skills needed to be ready for kindergarten.

Field trip

On August 8th the pre k room has plan a field trip to the Red River Zoo. We will be skipping nap and leaving the center around 12:30 pm. We plan to return by 3:45 pm. The cost for the zoo will be \$5.75 & \$1.00 for the carousel. So a total of \$6.75. Please give the money to Ms. Pam or Ms. Amanda.

On August 14th our friend Judy from the Angels of the Muse will be coming to play and singing with us.

Birthdays this month.

Apollo- August 15th and Charlie August 28th.

Please remember that the center will be closed August 16th for training.



Parent/ child activity: Social conflict can arise daily in your child's life, but he/she is not born with the skills to know how to express themselves in these situations. You can model appropriate dialogue and conflict resolution techniques to help him/her get through social issues such as sharing and making friends. Watch your child, see how your child deals with frustration or anger in social situations, and support his/her learning by helping him /her think of how he/she can Express his/her emotions appropriately. I see you are upset that John knocked down your castle. Say this to him/her: " I don't like that you knocked down my castle." Use expression in your voice and face as you model the correct behavior. Encourage your child to match your tone of voice and repeat you. With practice your child will be comfortable to express their feelings in the right way.

Ms. Pam and Ms. Amanda

Summer Camps

We have had a very busy and fun July exploring different places and pools. We went to the South pool, North pool, Veteran Memorial pool, and Hulbert Aquatic Center, which is an indoor pool. We watched the movie 'Smallfoot' in the West Acres Movie Theater and 'Brave' in Veteran Memorial Arena.

We went on a trail hike at Buffalo River State Park. It was fun watching the bee's and butterflies and wild flowers and looking for the different kinds of leaves and the venation on them. In Bonanzaville, Plains Art Museum, and Fargo Air Museum we learned a lot about history and art.

We did tie and dye in Yunker Farm and the train ride was fun. Also, we are learning about the different kinds of root systems, venation in leaves, kinds of seeds, and also parts of leaves. We watched germination of Dicots and Monocots in our room. We did some fun experiments too.

We have one more month of fun in store for us for summer camp before school begins!

Tell them, enjoy your summer!

Summer Campers, Ms. Addy, Ms. Brandy, and Ms. Bailey



August

2019

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1 B-Waffles,Fruit, Milk L- White Turkey Chili, Combread, Man. oranges, Milk S- Goldfish, Fresh Broccoli, Ranch, Water	2 B- English Muffin fruit, milk L- Bean and Cheese Enchiladas, grapes, Broccoli, milk S- Chex mix, fruit, water	3
4	5 B- Cereal , Fruit, Milk L- Mini Chicken Com- dogs , Baked Beans, Pears, Milk S- animal crackers, pineapple, water	6 B- English Muffin, Fruit, Milk L- Turkey ala King, noodles, mixed veg- gies, fruit cocktail, milk S- Cheese Slice, Salti- nes, water	7 B- French Toast Sticks, fruit, milk L- Soft Taco, Tortilla , baby carrots, Mandarin Oranges, Milk S- Cheez-Its, 100% Juice	8 B- Biscuit, Fruit, Milk L- Spaghetti & Meat Sauce, Corn, Pineap- ple, Milk S- Carrots, Ranch, Oyster crackers, Water	9 B-Cheese Omelet, Fruit, milk L- Fish Sandwich Bun , Peas, Ap- plesauce, milk S- Banana Muffin, fruit, Water	10
11	12 B- Cereal, Fruit, Milk L- Chicken Alfredo, Cooked carrots, tropi- cal fruit, Milk S- Trail mix, 100% Juice	13 B- Jelly Toast, Fruit, Milk L- Meatballs & Gravy, Mashed Potatoes, Pineapple, Bun, Milk S- Broccoli, pretzels, Water	14 B-Pancakes, Fruit, Milk L- Taco Casserole, Lettuce, Fruit Cocktail, Milk S- Yogurt and Granola, Water	15 B- Muffin, Fruit, Milk L- Chicken Strips, Ric , beets, applesauce, milk S- Ritz, Oranges, Wa- ter	Center Closed for Prof. Development	17
18	19 B- Cereal , Fruit, Milk L- Chicken Egg Roll Veggie Brown Fried Rice Pineapple, Milk S-Cheez its, Fresh fruit, Water	20 B- Cinnamon Toast Fruit, Milk L- Turkey Wrap diced Carrots, Tropical fruit, Milk S- Lil smokies, Town- house crackers, Water	21 B-Pancakes Fruit, Milk L- Sweet & Sour meat- balls, Brown Rice Peas, Man. oranges, Milk S-Cottage cheese, Club crackers and Water	22 B- Muffin Fruit, Milk L- Meat Lasagna, Green Beans, Fruit Cocktail, Milk S-Cheeddar Cheese biscuits, fruit, Water	23 B- English Muffin Fruit, Milk L- Tuna Hoidish, Beets, Fresh fruit, Milk S-String cheese, Chex mix, Water	24
25	26 B- Cereal, Fruit, Milk L- Chicken nuggets, bread slice, Peas, Ap- plesauce, Milk S- Graham crackers, Pineapple, water	27 B- Jelly English Muf- fin, Fruit, Milk L- Goulash(beef and Noodle), Corn, Fruit cocktail, Milk S- Cinn. Sugar tortilla, fruit and water	28 B- Waffles, Fruit, Milk L- Spaghetti Pizza, Tropical fruit mix, California blend, Milk S-Cheese slice, club crackers, water	29 B- Biscuit, Fruit, Milk L- Turkey & Cheese sandwich, Mixed vege- tables, Peas, Milk S- Smoothie and trail mix	30 B-Cheese Omelet, Fruit, Milk L Home-made-Mac-n- Cheese, Grapes, Broc- coli and Milk S- Carrots and ranch , Oyster Crackers, water	31