

Our Mission.....

*Empowerment of Girls exists to promote healthy development and leadership skills in order for girls to celebrate and embrace their uniqueness and their diversity.*

*The goals of Empowerment of Girls are to provide opportunities to:*

- ◆ Be Successful
- ◆ Recognize Strengths & Passions
- ◆ Develop Decision Making Skills
- ◆ Understand Healthy Relationships
- ◆ Discover the Power of Voice

**Y W C A  
C A S S - C L A Y**

Empowerment of Girls Program  
3100 12th Avenue N.  
Fargo, ND 58102

Phone: 701-232-2547  
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C A S S - C L A Y**

**Y W C A  
Empowerment of  
Girls  
Programs**



**S U M M E R / F A L L 2 0 0 5**

**eliminating racism  
empowering women  
ywca**

## What's happening in 2005

*The purpose of the Empowerment of Girls programming is to enrich girls' lives with experiences that show them that they can do anything they put their mind to. This motivating environment combined with making new friends and discovering hidden talents will be sure to make this an unforgettable experience.*

### Home Alone Workshop

The YWCA of Cass-Clay offers special sessions just for girls. We have a **Home Alone Workshop** which teaches girls about being safe while they are home alone or caring for others. This program is offered to girls in 4th and 5th grade. The Home Alone Workshop is on Saturday, May 21st from 1pm-4pm.

### TechGYRLS

TechGYRLS is offered to girls in 4th-7th grades and runs for 10 weeks. As a partnering program with NDSU's IME department, it provides girls with a hands-on exploration of different technologies with the assistance of college women mentors from SWE, The Society of Women Engineers. Our goal is to help girls develop the confidence to use technology and discover links between science and math.

- ◆ Monday's- 4:00-6:00

TechGYRLS starts in September 2005!

### Works for Girls

Works for Girls is an after school program offered to girls in the 4th-6th grade. It encourages and provides a supportive environment in order for girls to discover personal talents and abilities. Girls will be able to take part in interactive games, art projects, field trips and activities designed to encourage learning and fun.

Works for Girls is currently offered at eight elementary schools sites within the community:

- ◆ **Dilworth:** Tuesdays 3:10-4:40
- ◆ **Westside:** Tuesdays 2:45-4:15
- ◆ **Carl Ben Eielson:** Tuesdays 3:00-4:30
- ◆ **Clara Barton:** Wednesdays 2:45-4:15
- ◆ **Robert Asp:** Thursdays 3:00-4:30
- ◆ **Madison:** Fridays 3:15-4:45
- ◆ **Bennett:** Fridays 3:00-4:30
- ◆ **Horace:** Saturdays 1:00-4:00

Works for Girls is working on details to expand into more schools this next semester. This program starts in September and run for 8-10 weeks.

### PRIDE for Girls

PRIDE for Girls is an after school program for girls in middle school. This program is similar to Works for Girls but goes more in-depth and deals with the issues of girls in their pre-teens. Girls discuss topics such as body image, self-esteem, leadership, diversity. Girls also learn more about how to wear make up and dress for their age. This program is a great way to make new friends while learning about issues that girls deal with everyday.

- ◆ **Agassiz:** Mondays 3:35- 5:15

## Registration Form

	Activity Fee
Works for Girls	\$20.00
PRIDE for Girls	\$20.00
TechGYRLS	\$20.00
Home Alone Workshop	\$10.00

Scholarships are available, please call for more information

Subtotal: \_\_\_\_\_

Total: \_\_\_\_\_

Name of Participant \_\_\_\_\_  
Grade and School (05-06school yr) \_\_\_\_\_  
Name of Parent(s) \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

#### Steps to Register:

1. Call Jessica or Cheryl at 232-2547
2. Please return this completed form along with the activity fee to the below address. **(Option: Works for Girls form can be turned into the elementary school office you are registering for.)**

Please make checks payable to: **YWCA-Empowerment of Girls**. Credit card options available.



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